



## **MEN'S SHEDS CYMRU – 2021 and Beyond**

We are delighted to announce that Hafan Cymru and Men's Sheds Cymru has secured funding to continue its work with Men's Sheds across Wales in 2021. The funding enables us to support the further development of the Men's Sheds movement. The Men's Shed movement has had, and will continue to have, a profound impact on the wellbeing of men and communities in Wales over the last 6 years.

Support for the formation and sustainability of Men Sheds underpins our main aims of promoting men's wellbeing, combatting loneliness and reducing social isolation. Men's Sheds enable men to embrace new activities, forge new friendships, and access vital information on health and wellbeing. We want every man in Wales to have access to a local Men's Shed.

Men's Sheds Cymru has an important role in championing men's issues at local, regional and national levels, advocating for the voice of Sheds and their members.

### **In 2021, Men's Sheds Cymru aims to:**

- support the continued development and sustainability of the Men's Sheds in Wales.
- create more local, regional and national links that highlight the voice of Men's Sheds and their members.
- develop a steering group (comprised of Sheddors and other stakeholders) that supports and influences Men's Sheds Cymru and the movement in Wales.
- create digital and non-digital opportunities, information, and events that will benefit Sheds and Sheddors.

We look forward to keeping you informed and listening to your voices, as we enter 2021 and beyond. Everyone in our committed Men's Sheds Cymru team hopes that early in 2021 they will, like you, be able to return to shedding as we knew it, pre-Covid19. As well as supporting the creation of new Sheds, we will be actively supporting you to re-open (at your own pace) and sustain your Shed.

We've responded to many different challenges during the pandemic, and we intend to continue to innovate and work closely with the Men's Shed Movement in 2021 and beyond. We hope you'll support us to achieve these goals and help Sheddors to live well. Join us on Monday 25th January to find out more and answer any questions you may have.

**Men's Sheds Cymru**

